

2. “We believe that men will be punished for their own sins, and not for Adam’s transgression.”

Sin and transgression are things that are wrong or against the commandments of God.

While in the Garden of Eden, Adam and Eve were commanded not to eat of the fruit of the tree of knowledge of good and evil or else there would be a consequence, a punishment. Satan tempted Eve. He told her that she could eat the fruit of the tree, and it would help her understand good and evil and be like God. She ate the fruit, and gave some to Adam, and he ate it. Because they disobeyed Heavenly Father, they were told to leave the Garden of Eden. They no longer could be in God’s presence, but they could continue to pray to Heavenly Father. Instead of having a lovely place to live, they now had to work for their food and shelter, and would experience physical death. Their bodies became mortal and they could now obey the commandment to multiply and replenish the earth. They still loved Heavenly Father very much and wanted their family to obey God’s commandments. (See Genesis 2,3)

We are given commandments to live by. Heavenly Father has given us free agency to choose what we want to do. If we choose to go against those commandments, then we are committing a sin. It is our choice, no one else’s. We will suffer the consequences of not obeying. Here’s an example for you. Your mother asks you to clean up your room. You should obey, right? You can choose to clean it up and the rewards would be: 1) your mom will be happy you obeyed, 2) you have a clean room to walk around in, 3) you won’t get hurt walking on the floor and 4) you will be happier as it makes you feel good. You could choose not to obey. The consequences could be: 1) your mom would be very unhappy if you still had a messy room, 2) you have to stumble over items on the floor and maybe break something or hurt your foot, 3) you will have an injury that needs some medical attention of some sort, and 4) you will feel very grumpy at yourself and others because it’s not done.

Activity:

List a few items on a slip of paper and put them in a small bag. Have a girl pull out a slip of paper, read it, and describe the reward and punishment for the item. Some possible ideas:

- i. Clean your room
- ii. Take out the garbage
- iii. Say your prayers
- iv. Read your scriptures
- v. Eat your vegetables
- vi. Go to bed at bedtime
- vii. Drink lots of water
- viii. Take a shower or bath
- ix. Walk the dog

“Choose the Right”
By Elder L. Tom Perry
of the Quorum of the Twelve Apostles

Choose you this day whom ye will serve (Josh. 24:15)

(Adapted from an October 1993 conference address. See Ensign, November 1993, pages 66 and 68.)

L. Tom Perry, “Choose the Right,” *Friend*, Mar. 1995, inside front cover

“On a recent trip to New Zealand, I met with a mission president who wore a beautiful tie tack with the inspiring CTR, or “Choose the Right,” emblem. “When I was a bishop,” he explained, “[I] had an interview with a good-looking young man who was to receive the Aaronic Priesthood. He told me a special story. He related to me how one day after school, he and some of his friends found a package of cigarettes. They decided to go down on the cliff alongside some large boulders and smoke them. They lit up, and the young man said that as he was looking down at the smoldering cigarette that he held between his fingers, he saw his CTR ring. He quickly put the cigarette out and made a very wise choice—to never, ever do such a thing again. He chose to choose the right, as he remembered what the emblem stood for. From this story I gained a special love for the CTR emblem.”

“Now, here in New Zealand,” the mission president said, “the last thing I do every morning as I dress for this great calling is pin my tie tack with this beautiful CTR emblem on my tie. I love it! It helps me make the right choices through the day.”

“There is power in a tie tack or a ring if we associate them with our desires for purity and righteousness. Even more important than physical reminders is having the conviction deep in our hearts to live the kind of life that will cause us to make the right choices, not only for peace and happiness in the world right now but also for peace and happiness eternally. I promise you that you will receive everlasting happiness if you consistently choose to do what is right.”

Song:

Sing the song “Choose The Right”. Sit in a circle on chairs. As you sing the song, stand up on the word “Choose”. This way, it can be reinforced to them to stand for truth and righteousness, as they become young women. (Thanks to Hillsboro Ward for the idea!)

Funstuf

Second Article of Faith

By Nancy Ann Asher

[Nancy Ann Asher, "Second Article of Faith," Friend, Mar. 1993, 26](#)

Find each word in this article of faith by reading forward, backward, down, up, and diagonally. The leftover letters will spell out a message that will help you remember what the second article of faith is about. (**Note:** Start with the longer words—though the same letter may occur in more than one word, no shorter word will be in a longer one. For example, *be* in this puzzle is not in *believe* but is a separate word.)

S	K	E	Y	P	F	A	I	T	H	H	P	R
I	A	R	O	F	A	S	D	N	A	U	E	:
N	O	I	S	S	E	R	G	S	N	A	R	T
S	A	E	D	E	A	M	T	I	M	W	S	H
W	B	H	T	C	R	N	S	I	A	A	O	A
N	I	T	S	O	W	H	O	G	C	R	D	T
E	O	L	S	N	E	M	S	T	I	L	O	A
F	O	R	L	D	N	E	V	E	I	L	E	B

Second	We	will	their	not
article	believe	be	own	for
of	that	punished	sins	Adam's
faith:	men	for	and	transgression.